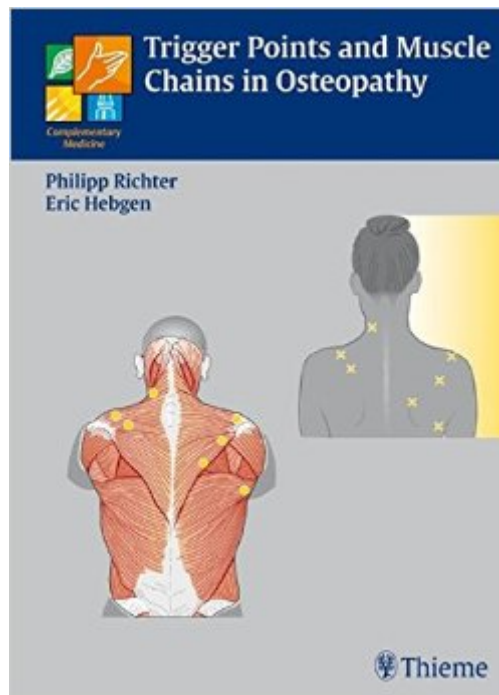


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Triggerpoints And Muscle Chains In Osteopathy (Complementary Medicine (Thieme Hardcover))



Synopsis

This unique guide takes an in-depth look at trigger point therapy. Split into two sections, it combines detailed theory with practical techniques. You will find comprehensive information on a broad spectrum of topics such as myofascial chains, the craniosacral model, and the classification, diagnosis, and therapy of trigger points. Highlights: Different models of muscle chains Detailed explanations of trigger points and their treatment Over 260 instructive illustrations and high-quality photographs Featuring input from various different specialties, this outstanding book is an essential tool for osteopaths, physiotherapists, chiropractors using trigger point therapy, and all others working in pain therapy. A clear layout and detailed anatomical drawings allow you to quickly improve your therapeutic skills. The result: accurate and effective pain therapy!

Book Information

Series: Complementary Medicine (Thieme Hardcover)

Hardcover: 248 pages

Publisher: TPS; 1 edition (October 27, 2008)

Language: English

ISBN-10: 3131450517

ISBN-13: 978-3131450517

Product Dimensions: 7.9 x 0.6 x 10.8 inches

Shipping Weight: 1.7 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (1 customer review)

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